



The Physician Newsletter
Robert Wood Johnson University Hospital at Rahway

New Members of our Medical Staff



Joseph Daoko, MD
Cardiology
Newark, NJ



Jeremiah Kurz, MD
Gastroenterology
Roselle Park, NJ



Rae Aranas, MD
Pain Management
Edison, NJ



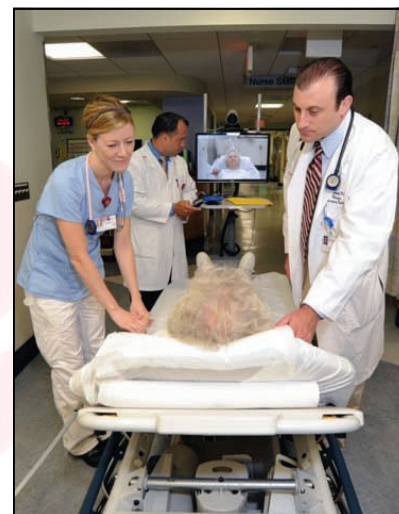
CIGNA is now accepted for outpatient Physical Therapy services at the hospital and the Fitness Center. Occupational and Speech Therapy services are also available at the hospital.

RWJ Patients Now Have Access to Neurologists 24/7

Residents suffering from a stroke or other neurological emergencies now have 24/7 access to board-certified, fellowship trained neurologists thanks to a partnership between Robert Wood Johnson University Hospital Rahway and the telemedicine company Specialists on Call (SOC). “During a stroke, every second counts,” said Michael Bernstein, MD, MBA, chairman of the hospital’s Emergency Department. “Receiving prompt diagnosis and treatment can mean the difference between recovery and permanent brain damage, or even death.”

Stroke is the leading cause of serious, long-term disability and the third leading cause of death in the United States. Thanks to this teleneurology service, RWJ patients now have immediate, around the clock access to neurological specialists. “We can now provide patients immediate access to emergency neurologists, ensuring prompt diagnosis and treatment for our patients. This will have a big impact on patients’ recovery and their quality of life,” said Kirk Tice, President and CEO of RWJ Rahway.

If an emergency physician suspects a stroke, the physician would order a CT scan of the brain, which is digitally sent to the SOC neurologist. A special audiovisual communication system is brought to the bedside where Emergency Department staff has access to a Specialist On Call neurologist. The neurologist facilitates a patient exam, views the CT scan, and consults with the ED physicians, patients, and family members. The neurologist, along with the ED physician, then can assess whether the patient is a candidate for the clot-dissolving drug tPA, which can help halt or even reverse the damage caused by an ischemic stroke if administered within three hours of symptoms to four-and-a-half hours in select patients.



Physician Web Site Portal

For physician-specific information (i.e. by-laws, newsletters, CME schedules, applications, meeting minutes, etc.)...

Check out the new Physician Portal on www.rwjuhr.com

Click on ‘Physician Services’ on top of the homepage and then enter the login password.

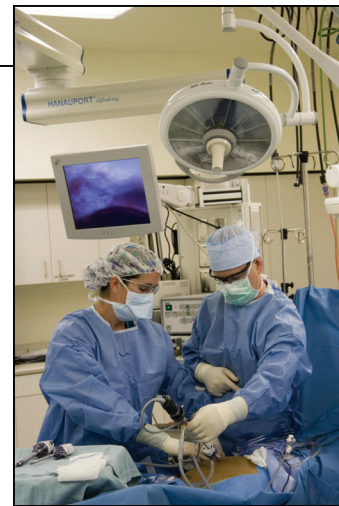
Call (732) 499-6070 for your password TODAY!

Minimally Invasive Surgery

As we continue to advance in the areas of medical technology and treatments, minimally invasive surgery (MIS) allows for smaller incisions and less injury to the tissue. Such procedures result in less pain, reduced blood loss and decreased risk of infection and typically leads to shorter hospital stays than traditional surgery. In comparison to the usual, open surgery, there exist several advantages for the patient:

- less pain, less strain on the patient
- faster recovery
- smaller incisions (aesthetic reasons)
- shorter illness time

“Many colon resections, hernias, gall bladders, stomach procedures, and hysterectomies can be performed through MIS techniques at RWJ Rahway,” says Joao Lopes, MD, a general surgeon at RWJ Rahway. Many patients leave the hospital within 24 hours and are back to normal activities within three weeks after undergoing a minimally invasive procedure. “These type of procedures are becoming the new standard in surgical technique,” concluded Dr. Lopes.



Physician/Office Manager Symposium

Fall Physician/Office Manager Symposium

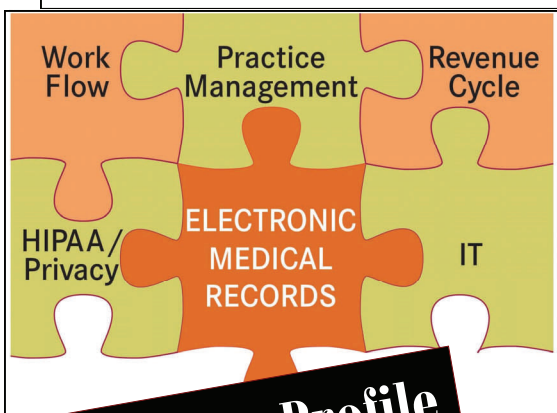
“Electronic Medical Records: Making All The Pieces Fit”

Date: Wednesday, October 13, 2010

Time: 8:00a to 11:30a

Where: Echo Lake Country Club
515 Springfield Ave., Westfield, NJ

RSVP by October 8: Call (908) 389-5415 or gtrikha@rwjuhr.com



Physician Profile

David Stuhlmiller, MD

Associate Director, Emergency Dept. &
Medical Director, MICU

David Stuhlmiller, MD, FACEP, CMTE is the new Associate Director of the Emergency Department and Medical Director, Mobile Intensive Care Department. Board certified in Emergency Medicine, Dr. Stuhlmiller received his undergraduate degree from Cornell University and his medical degree from Temple University School of Medicine.

Dr. Stuhlmiller performed his emergency medicine residency at Indiana University School of Medicine, Clarian Health-Methodist Hospital, Indianapolis. He is a fellow of the American College of Emergency Physicians and is active on three national committees including EMS, air medical transport and pre-hospital care.



The RWJ Rahway Wound Care Center was recently honored with the *Center of Distinction Award* for its high patient satisfaction rates, exceptional healing rates, and outstanding clinical outcomes over the past year. Dr. Anthony Tonzola is the medical director of the program. For more information, call (732) 453-2915.

Wound Care Recognized!!



Ready for Some Golf?

And remember to mark your calendars for the Foundation's Annual Golf Outing on **Monday, September 20** at **Echo Lake Country Club, Westfield**. The Foundation is offering special pricing opportunities for you, as inductees to the 2010 *Guardians of the Rose*. For additional information, contact the Foundation Office today at **732.499.6135** or foundation@rwjuhr.com.

